

Ergebnis – Sommer-OL-Training

2020-06-28

| Kurz | | (7 / 7) | Zeit | Rückstand | | |
|---------------|---------------------------|------------------|----------------|------------------|----------------|----------------|
| 1. | Antje Sobczak | MTV Soltau | 58:37 | | | |
| | 7:51 (7:51) | 21:01 (28:52) | 5:49 (34:41) | 10:09 (44:50) | 2:22 (47:12) | 3:58 (51:10) |
| | 5:42 (56:52) | 1:45 (58:37) | | | | |
| | Jürgen Pohl | SC Klecken | Fehlst. | | | |
| | 9:13 (9:13) | – (–) | – (33:43) | 9:14 (42:57) | 2:24 (45:21) | 4:27 (49:48) |
| | 8:36 (58:24) | 1:12 (59:36) | | | | |
| | Albrecht Bergt | TSV Fischerhude | Aufg. | | | |
| | 14:21 (14:21) | 20:42 (35:03) | 8:59 (44:02) | 16:38 (1:00:40) | 4:39 (1:05:19) | – (–) |
| | – (–) | – (1:32:03) | | | | |
| | Anne Hanses | TuS Bramsche | Aufg. | | | |
| | – (1:04:20) | – (–) | – (1:49:09) | 13:38 (2:02:47) | 2:17 (2:05:04) | 5:46 (2:10:50) |
| | 8:16 (2:19:06) | – (–) | | | | |
| | Jan Felix Topp | TSV Worpswede | Nicht Ang. | | | |
| | Mario Hollstein | TSV Worpswede | Nicht Ang. | | | |
| | Moritz Walter | OSC Hamburg | Nicht Ang. | | | |
| Mittel | | (8 / 8) | Zeit | Rückstand | | |
| 1. | Irina Berard | OSC Hamburg | 49:39 | | | |
| | 3:43 (3:43) | 2:28 (6:11) | 6:38 (12:49) | 4:27 (17:16) | 5:01 (22:17) | 6:16 (28:33) |
| | 4:34 (33:07) | 4:19 (37:26) | 4:44 (42:10) | 2:51 (45:01) | 3:45 (48:46) | 0:53 (49:39) |
| 2. | Ulrike Korff | SC Achmer | 59:52 | +10:13 | | |
| | 4:33 (4:33) | 3:01 (7:34) | 7:50 (15:24) | 5:34 (20:58) | 4:42 (25:40) | 12:45 (38:25) |
| | 4:39 (43:04) | 3:55 (46:59) | 6:27 (53:26) | 3:05 (56:31) | 2:05 (58:36) | 1:16 (59:52) |
| 3. | Ferdinand Hanses | TuS Bramsche | 1:03:07 | +13:28 | | |
| | 4:47 (4:47) | 3:29 (8:16) | 9:40 (17:56) | 6:14 (24:10) | 4:26 (28:36) | 12:50 (41:26) |
| | 4:26 (45:52) | 4:09 (50:01) | 6:19 (56:20) | 3:04 (59:24) | 2:21 (1:01:45) | 1:22 (1:03:07) |
| 4. | Karl-Heinz Seefeld | OLV Uslar | 1:03:26 | +13:47 | | |
| | 5:38 (5:38) | 3:07 (8:45) | 8:34 (17:19) | 5:22 (22:41) | 5:57 (28:38) | 11:01 (39:39) |
| | 4:47 (44:26) | 4:55 (49:21) | 5:41 (55:02) | 4:09 (59:11) | 2:24 (1:01:35) | 1:51 (1:03:26) |
| 5. | Matthias Dittmers | OSC Hamburg | 1:07:37 | +17:58 | | |
| | 5:33 (5:33) | 3:03 (8:36) | 15:13 (23:49) | 6:52 (30:41) | 5:59 (36:40) | 8:02 (44:42) |
| | 5:37 (50:19) | 4:39 (54:58) | 4:51 (59:49) | 4:09 (1:03:58) | 2:16 (1:06:14) | 1:23 (1:07:37) |
| 6. | Irmela Bergt | TSV Fischerhude | 1:11:59 | +22:20 | | |
| | 6:08 (6:08) | 3:43 (9:51) | 9:16 (19:07) | 6:42 (25:49) | 6:10 (31:59) | 8:47 (40:46) |
| | 6:01 (46:47) | 6:28 (53:15) | 5:08 (58:23) | 4:49 (1:03:12) | 7:23 (1:10:35) | 1:24 (1:11:59) |
| 7. | Frida Maaß | TSV Nusse | 1:27:00 | +37:21 | | |
| | 11:53 (11:53) | 4:19 (16:12) | 12:34 (28:46) | 6:57 (35:43) | 10:02 (45:45) | 9:54 (55:39) |
| | 6:46 (1:02:25) | 5:58 (1:08:23) | 7:41 (1:16:04) | 6:49 (1:22:53) | 2:51 (1:25:44) | 1:16 (1:27:00) |
| | Olaf Hey | OSC Hamburg | Fehlst. | | | |
| | 8:46 (8:46) | 4:39 (13:25) | 16:45 (30:10) | 6:23 (36:33) | – (–) | – (–) |
| | – (1:27:48) | 7:17 (1:35:05) | 5:48 (1:40:53) | 6:02 (1:46:55) | 2:32 (1:49:27) | 1:41 (1:51:08) |
| Lang | | (24 / 24) | Zeit | Rückstand | | |
| 1. | Gerrit Rode | TSV Worpswede | 56:29 | | | |
| | 2:49 (2:49) | 0:56 (3:45) | 1:55 (5:40) | 4:57 (10:37) | 3:13 (13:50) | 2:34 (16:24) |
| | 3:15 (19:39) | 1:41 (21:20) | 4:13 (25:33) | 5:13 (30:46) | 2:02 (32:48) | 1:03 (33:51) |
| | 5:18 (39:09) | 3:00 (42:09) | 4:39 (46:48) | 3:07 (49:55) | 2:52 (52:47) | 2:57 (55:44) |
| | 0:45 (56:29) | | | | | |
| 2. | Tim Schröder | OSC Hamburg | 56:37 | +0:08 | | |
| | 3:14 (3:14) | 1:01 (4:15) | 1:45 (6:00) | 4:47 (10:47) | 2:52 (13:39) | 2:55 (16:34) |
| | 1:44 (18:18) | 1:24 (19:42) | 3:27 (23:09) | 5:44 (28:53) | 2:42 (31:35) | 1:07 (32:42) |
| | 5:28 (38:10) | 2:53 (41:03) | 5:21 (46:24) | 2:50 (49:14) | 3:20 (52:34) | 3:10 (55:44) |
| | 0:53 (56:37) | | | | | |
| 3. | Jan Felix Topp | TSV Worpswede | 58:07 | +1:38 | | |
| | 3:04 (3:04) | 0:55 (3:59) | 1:54 (5:53) | 4:40 (10:33) | 2:46 (13:19) | 2:48 (16:07) |
| | 2:38 (18:45) | 1:14 (19:59) | 4:15 (24:14) | 5:07 (29:21) | 2:14 (31:35) | 0:55 (32:30) |
| | 6:39 (39:09) | 2:33 (41:42) | 5:03 (46:45) | 5:24 (52:09) | 2:53 (55:02) | 2:22 (57:24) |
| | 0:43 (58:07) | | | | | |
| 4. | Christian Nolte | TSV Nusse | 1:04:36 | +8:07 | | |
| | 3:42 (3:42) | 1:04 (4:46) | 2:28 (7:14) | 5:20 (12:34) | 2:56 (15:30) | 3:09 (18:39) |
| | 2:08 (20:47) | 1:45 (22:32) | 3:52 (26:24) | 6:13 (32:37) | 3:06 (35:43) | 1:21 (37:04) |
| | 7:15 (44:19) | 3:25 (47:44) | 6:14 (53:58) | 3:07 (57:05) | 3:22 (1:00:27) | 3:09 (1:03:36) |
| | 1:00 (1:04:36) | | | | | |
| 5. | Hartmut Höra | | 1:06:30 | +10:01 | | |
| | 3:36 (3:36) | 0:54 (4:30) | 1:59 (6:29) | 4:46 (11:15) | 5:38 (16:53) | 3:08 (20:01) |
| | 1:49 (21:50) | 2:48 (24:38) | 3:40 (28:18) | 5:06 (33:24) | 2:20 (35:44) | 1:06 (36:50) |
| | 6:05 (42:55) | 6:08 (49:03) | 5:51 (54:54) | 3:11 (58:05) | 3:57 (1:02:02) | 3:36 (1:05:38) |
| | 0:52 (1:06:30) | | | | | |
| 6. | Udo Sobczak | MTV Soltau | 1:07:28 | +10:59 | | |
| | 4:23 (4:23) | 1:31 (5:54) | 2:03 (7:57) | 6:44 (14:41) | 4:31 (19:12) | 3:26 (22:38) |
| | 3:15 (25:53) | 1:50 (27:43) | 4:15 (31:58) | 6:09 (38:07) | 2:48 (40:55) | 1:08 (42:03) |
| | 6:18 (48:21) | 2:35 (50:56) | 6:00 (56:56) | 3:04 (1:00:00) | 3:21 (1:03:21) | 3:05 (1:06:26) |
| | 1:02 (1:07:28) | | | | | |
| 7. | Jörg Höfer | OSC Hamburg | 1:08:29 | +12:00 | | |
| | 3:23 (3:23) | 1:23 (4:46) | 2:25 (7:11) | 6:59 (14:10) | 3:41 (17:51) | 3:50 (21:41) |
| | 2:25 (24:06) | 1:31 (25:37) | 4:07 (29:44) | 6:20 (36:04) | 2:47 (38:51) | 1:14 (40:05) |
| | 7:47 (47:52) | 2:56 (50:48) | 6:08 (56:56) | 3:16 (1:00:12) | 3:25 (1:03:37) | 3:37 (1:07:14) |
| | 1:15 (1:08:29) | | | | | |
| 8. | Max Sonneborn | TSV Worpswede | 1:10:08 | +13:39 | | |
| | 2:54 (2:54) | 0:50 (3:44) | 2:22 (6:06) | 5:34 (11:40) | 3:32 (15:12) | 2:30 (17:42) |
| | 1:32 (19:14) | 3:04 (22:18) | 4:19 (26:37) | 5:16 (31:53) | 2:47 (34:40) | 0:56 (35:36) |
| | 5:20 (40:56) | 8:18 (49:14) | 4:39 (53:53) | 8:01 (1:01:54) | 4:03 (1:05:57) | 3:25 (1:09:22) |
| | 0:46 (1:10:08) | | | | | |
| 9. | Alex Bor | | 1:12:54 | +16:25 | | |
| | 6:47 (6:47) | 1:24 (8:11) | 2:14 (10:25) | 6:54 (17:19) | 3:27 (20:46) | 3:28 (24:14) |
| | 3:08 (27:22) | 1:26 (28:48) | 4:23 (33:11) | 6:49 (40:00) | 2:53 (42:53) | 1:28 (44:21) |
| | 7:33 (51:54) | 3:03 (54:57) | 6:03 (1:01:00) | 3:28 (1:04:28) | 3:09 (1:07:37) | 4:17 (1:11:54) |
| | 1:00 (1:12:54) | | | | | |

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|-----------------|---|---|---|--|--|---|
| 10. | Juha Heikkilä 6:35 (6:35) 2:25 (25:59) 7:33 (50:38) 1:04 (1:13:01) | TSV Worpswede 1:29 (8:04) 1:47 (27:46) 3:05 (53:43) | 1:59 (10:03) 4:08 (31:54) 6:57 (1:00:40) | 1:13:01 +16:32 5:56 (15:59) 6:59 (38:53) 3:23 (1:04:03) | 4:02 (20:01) 2:46 (41:39) 3:18 (1:07:21) | 3:33 (23:34) 1:26 (43:05) 4:36 (1:11:57) |
| 11. | Lennart Gooß 3:19 (3:19) 3:52 (30:58) 8:05 (56:13) 1:09 (1:19:30) | SC Klecken 1:19 (4:38) 1:28 (32:26) 4:38 (1:00:51) | 3:34 (8:12) 4:17 (36:43) 7:10 (1:08:01) | 1:19:30 +23:01 8:37 (16:49) 6:08 (42:51) 3:11 (1:11:12) | 4:17 (21:06) 4:06 (46:57) 3:12 (1:14:24) | 6:00 (27:06) 1:21 (48:08) 3:57 (1:18:21) |
| 12. | Axel Entrup 4:30 (4:30) 2:13 (24:03) 8:39 (56:48) 1:11 (1:19:38) | SC Klecken 1:21 (5:51) 1:58 (26:01) 2:55 (59:43) | 1:54 (7:45) 3:41 (29:42) 6:43 (1:06:26) | 1:19:38 +23:09 6:03 (13:48) 7:50 (37:32) 3:36 (1:10:02) | 3:56 (17:44) 9:16 (46:48) 3:51 (1:13:53) | 4:06 (21:50) 1:21 (48:09) 4:34 (1:18:27) |
| 13. | Moritz Walter 16:47 (16:47) 1:53 (32:51) 8:18 (57:30) 0:56 (1:21:54) | OSC Hamburg 0:55 (17:42) 1:22 (34:13) 6:10 (1:03:40) | 2:08 (19:50) 3:46 (37:59) 6:27 (1:10:07) | 1:21:54 +25:25 4:53 (24:43) 7:08 (45:07) 3:29 (1:13:36) | 3:08 (27:51) 3:01 (48:08) 3:49 (1:17:25) | 3:07 (30:58) 1:04 (49:12) 3:33 (1:20:58) |
| 14. | Carsten Eckert 5:47 (5:47) 2:20 (27:31) 7:03 (54:54) 0:57 (1:23:16) | SC Klecken 1:14 (7:01) 2:21 (29:52) 6:28 (1:01:22) | 2:57 (9:58) 5:10 (35:02) 7:25 (1:08:47) | 1:23:16 +26:47 7:04 (17:02) 7:38 (42:40) 4:29 (1:13:16) | 3:26 (20:28) 3:55 (46:35) 4:57 (1:18:13) | 4:43 (25:11) 1:16 (47:51) 4:06 (1:22:19) |
| 15. | Thomas Behnke 5:02 (5:02) 3:08 (29:16) 7:42 (1:00:21) 1:12 (1:23:34) | SC Kirch und Westerweyhe 1:42 (6:44) 1:55 (31:11) 4:20 (1:04:41) | 3:44 (10:28) 5:59 (37:10) 6:25 (1:11:06) | 1:23:34 +27:05 6:30 (16:58) 9:09 (46:19) 3:20 (1:14:26) | 4:12 (21:10) 4:07 (50:26) 4:10 (1:18:36) | 4:58 (26:08) 2:13 (52:39) 3:46 (1:22:22) |
| 16. | Michael Schwien 3:09 (3:09) 16:46 (37:20) 6:59 (1:00:35) 0:58 (1:25:58) | SC Klecken 1:05 (4:14) 1:31 (38:51) 4:34 (1:05:09) | 2:01 (6:15) 3:58 (42:49) 7:03 (1:12:12) | 1:25:58 +29:29 6:54 (13:09) 6:23 (49:12) 3:40 (1:15:52) | 3:18 (16:27) 2:46 (51:58) 4:48 (1:20:40) | 4:07 (20:34) 1:38 (53:36) 4:20 (1:25:00) |
| 17. | Björn Hansen 4:24 (4:24) 2:20 (34:50) 6:18 (1:02:21) 1:11 (1:31:03) | Lübecker Turnerschaft 1:20 (5:44) 4:47 (39:37) 5:51 (1:08:12) | 3:38 (9:22) 4:35 (44:12) 6:17 (1:14:29) | 1:31:03 +34:34 14:43 (24:05) 7:08 (51:20) 7:34 (1:22:03) | 3:23 (27:28) 3:29 (54:49) 3:38 (1:25:41) | 5:02 (32:30) 1:14 (56:03) 4:11 (1:29:52) |
| 18. | Silvia Nolte 6:36 (6:36) 2:54 (38:45) 9:13 (1:15:02) 1:13 (1:45:30) | TSV Nusse 1:20 (7:56) 3:36 (42:21) 7:49 (1:22:51) | 6:24 (14:20) 8:22 (50:43) 8:39 (1:31:30) | 1:45:30 +49:01 11:32 (25:52) 10:02 (1:00:45) 3:23 (1:34:53) | 5:24 (31:16) 3:36 (1:04:21) 4:50 (1:39:43) | 4:35 (35:51) 1:28 (1:05:49) 4:34 (1:44:17) |
| 19. | Rüdiger Reischuk 4:41 (4:41) 8:29 (55:26) 9:42 (1:30:30) 1:06 (1:58:46) | Lübecker Turnerschaft 1:45 (6:26) 3:03 (58:29) 4:44 (1:35:14) | 9:16 (15:42) 6:19 (1:04:48) 7:48 (1:43:02) | 1:58:46 +62:17 12:56 (28:38) 10:17 (1:15:05) 5:12 (1:48:14) | 5:03 (33:41) 4:07 (1:19:12) 4:52 (1:53:06) | 13:16 (46:57) 1:36 (1:20:48) 4:34 (1:57:40) |
| | Christoph Napp Silke Napp Thore Napp Kurt Henning Schröder 3:59 (3:59) 3:34 (26:58) - (1:03:24) 1:07 (1:25:58) | TV Jahn Wolfsburg TV Jahn Wolfsburg TV Jahn Wolfsburg Gymnasium Offenbach 1:21 (5:20) 2:34 (29:32) 3:22 (1:06:46) | Maximalzeit Maximalzeit Maximalzeit Fehlst. 2:59 (8:19) 4:23 (33:55) 6:46 (1:13:32) | Maximalzeit Maximalzeit Maximalzeit Fehlst. 7:39 (15:58) 9:01 (42:56) 3:53 (1:17:25) | 3:22 (19:20) 2:48 (45:44) 3:54 (1:21:19) | 4:04 (23:24) - (-) 3:32 (1:24:51) |
| | Leif Leo Dittmers | OSC Hamburg | Nicht Ang. | | | |
| Anfänger | | (1 / 1) | Zeit | Rückstand | | |
| 1. | Henri Kruse 8:45 (8:45) 1:20 (37:46) | SC Klecken 5:39 (14:24) | 9:49 (24:13) | 37:46 3:04 (27:17) | 4:25 (31:42) | 4:44 (36:26) |